

# JANUARY 2024

## K-8 Lunch & Breakfast Menu



### Breakfast



An assortment of site-based favorites are offered daily, including cereal, oatmeal choc. chip bars, bagel w/ cream cheese, plus these monthly features.

### January Feature:

Breakfast Pizza with Bacon, Egg & Cheese



Meals also include assorted fruit, juice & milk

Local fat-free and 1% white or non-fat chocolate milk available daily

### Additional Entree Choices

**Monthly Entree**  
Double Cheese Quesadillas w/ Salsa Cup



### Grab & Go:




- **Elementary:** Yogurt, Hard Boiled Egg, Blueberry Muffin
- **Middle Schools:** Chef Salad

### CHOW OPTIONS Grades 7 & 8 only

- 1/3: BBQ Rib Sandwich
- 1/8: Meatball Sub
- 1/15: Cheeseburger
- 1/22: Italian Sub
- 1/29: Hot Dog

### Fresh Sides

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

 New  Pork  Vegetarian

### Monday

*Happy New Year*

### FAVORITES WEEK!

8 Confetti Pancakes & Sausage Links  
Cucumber Slices  
Mixed Berry Cup

15



### Breakfast for Lunch

22 Blueberry Waffle & Sausage Links  
Cheesy Potato Bake  
Mixed Berry Cup

29

Chicken Tenders & Dinner Roll  
Fresh Steamed Baby Carrots  
Mixed Fruit Cup

### Tuesday

### MEAL PRICES

Breakfast:  
\$1.50 paid, \$.00 reduced

Lunch:  
\$2.95 paid, \$.00 reduced

9

Orange Chicken & Steamed Rice  
Fresh Steamed Broccoli  
Fresh Clementine

16

### Emoji Day!

Emoji Chicken Nuggets  
Emoji Potatoes  
Emoji Frozen Fruit Cup  
Chat Snax

23

Beef & Cheese Tostada  
& Apple Churro  
Refried Black Beans  
Applesauce

30

Beef Nachos  
Refried Beans  
Cherry Applesauce

### Wednesday

3 Ultimate Pepperoni Pizza  
Seasoned Green Beans  
Mixed Fruit Cup

10

Ultimate Pepperoni Pizza  
Fresh Carrot Sticks  
Diced Pineapple

17

Ultimate Pepperoni Pizza  
Tossed Romaine Salad  
Assorted Fresh Fruit

24

Personal Pan Cheese Pizza  
Tossed Romaine Salad  
Assorted Fresh Fruit

31

Personal Pan Cheese Pizza  
Tossed Romaine Salad  
Fresh Clementine

### Thursday

4 Teriyaki Chicken & Fried Rice  
Steamed Sunshine Carrots  
Chilled Pears

11

Cheeseburger  
Ranchero Beans  
Mixed Fruit

18

Chicken Nuggets & Texas Toast  
Steamed California Blend  
Sliced Peaches

25

Macaroni & Cheese & Chocolate Graham  
Roasted Cauliflower  
Assorted Fresh Fruit

### Friday

5 Star Chicken Nuggets & Maple Waffle  
Seasoned Fries  
Assorted Fresh Fruit

### Fun & Fitness Snack

12

Chicken Tenders  
Tater Tots  
Assorted Fresh Fruit

19

Cheeseburger  
Carrot & Red Pepper Dippers in Ranch Dip  
Fresh Apple Slices

26

Popcorn Chicken  
Seasoned Sweet Potato Fries  
Fresh Apple Slices

Fun & Fitness

### Fun & Fitness



### What Keeps You Active?

Stay active in January for a chance to win a fun fitness prize. Have a parent/guardian initial each activity you complete and submit your BINGO to the cafeteria for a chance to win!

[www.educationalsnacks.us](http://www.educationalsnacks.us)